

WHAT TO DO IF YOU HAVE BEEN EXPOSED TO COVID-19

By vaccination status

(Updated on December 29, 2021 based on new CDC guidance)

TESTED POSITIVE FOR COVID-19

Isolate (stay home) immediately for <u>at least</u> 5 days from start of symptoms*, regardless of your vaccination status

Isolation is used to separate people infected with COVID from those who are not infected. The infected person should stay home for at least 5 days. If possible, stay in a separate room away from other household members, use a separate bathroom, and wear a face covering when around others.

- If you have NO symptoms or your symptoms are improving after 5 days, you can leave your house, but must continue wearing a face covering around others for an additional 5 days.
- If you still have a fever or your symptoms have not improved after 5 days, you should continue to isolate and stay home until your symptoms start to improve and you are fever free for 24 hours.
- *If no symptoms develop but you test positive, isolate for 5 days from test date.

EXPOSED TO SOMEONE WITH COVID-19

If you have been boosted OR completed the primary series of the Pfizer or Moderna vaccine within the last 6 months OR completed the primary series of J&J within the last 2 months OR ages 12-15 and completed the primary series of Pfizer:

- You do not need to stay home if you don't have any symptoms.
- Wear a face covering when around others for 10 days.
- Get tested on day 5, if possible.
- If you develop symptoms, seek testing and stay home.

If you completed the primary series of the Pfizer or Moderna vaccine over 6 months ago and are not boosted OR completed the primary series of J&J over 2 months ago and are not boosted OR are unvaccinated:

- Stay home for the first 5 days. If you don't have symptoms you no longer need to stay home.
- You must wear a face covering for 10 days when around others.
- Get tested on day 5, if possible.
- If you develop symptoms, seek testing and stay home.

Testing locations throughout the Eagle River and Roaring Fork Valleys are listed at https://sites.google.com/eaglecounty.us/covidtestingsites/english.